

# **CDT** **COMPLETE DANCE TRAINING** **17U CONCERT HANDBOOK**

**2022**



**CDT PERFORMANCE  
STREAM  
CONCERT 2022**

---

**SUNDAY 27TH NOVEMBER**

---

**RIVERSIDE THEATRE  
PARRAMATTA**

---

**CURTAINS UP AT 5PM**

---

# **INDEX**

- WHAT EXACTLY IS THE CONCERT
- WHAT ARE THE 17U'S INVOLVED IN
- WHEN IS THE CONCERT
- WHO CAN COME TO THE CONCERT
- HOW DO WE BUY TICKETS
- WHAT DO 17U'S WEAR FOR THEIR ROUTINES
- WHAT WILL 17U'S NEED TO SUPPLY
- HOW DO 17U'S GET READY ON THE DAY OF THE CONCERT
- WHAT ABOUT HAIR AND MAKEUP
- WHY DO WE SUGGEST MAKEUP
- WHAT ARE THE DETAILS FOR THE REHEARSAL
- WHAT ARE THE SHOW DETAILS
- HOW DOES THE PICKUP PROCESS WORK
- HOW CAN 17U'S PREPARE
- WHAT HAPPENS AFTER THE CONCERT
- WHAT ABOUT VIDEO RECORDING
- WILL THIS BE A FUN EXPERIENCE
- WHAT IF I HAVE OTHER QUESTIONS
- MORE FAQs



### **WHAT EXACTLY IS THE CONCERT?**

The CDT Performance Stream dance concert is on the 27th November where all CDT Performance Stream students perform concert routines they have been practicing.

With the dance styles of Jazz, Tap, Ballet, Musical Theatre, Lyrical, Contemporary and Hip Hop being performed. These are new routines that classes started in Term 3.

The show will run for approximately 2 hours.

It is a FANTASTIC night that showcases CDT's amazing talent!

### **WHAT ARE THE 17U'S INVOLVED IN?**

Depending on what classes they do, they will be involved in the routines in accordance to their classes.

The concert dances available for 17/u's are:

- Lyrical - 'BEAM ME UP'
- Tap - 'TRIP A LITTLE LIGHT FANTASTIC'
- Musical Theatre - 'IN THE HEIGHTS'
- Ballet - 'DANSE ESPAGNOLE'
- Hip Hop - 'GONE'
- Jazz - 'READY FOR IT'
- Finale – **ALL CDT STUDENTS ARE A PART OF THIS ROUTINE**

This is the order of routines for 17's.

### **WHEN IS THE CONCERT?**

Sunday 27th November, at Parramatta Riverside  
– Corner Market and Church St, Parramatta NSW 2150  
Curtains UP at 5 pm

### **WHO CAN COME TO THE CONCERT?**

Everybody is welcome- mums, dads, aunts, uncles, grandparents, neighbours, friends, and friends of friends- we would love anybody who would like to come watch the CDT concert to come along.

### **HOW DO WE BUY TICKETS?**

Tickets will be available for purchase on **1st November** from [www.boxoffice.riversideparramatta.com.au](http://www.boxoffice.riversideparramatta.com.au) and will be \$45 (+booking fee). There is no restriction on ticket numbers.

### **WHAT ARE DANCERS WEARING FOR THEIR ROUTINES?**

Their costumes are hired from CDT. The hire fee has already been included in your invoice. They will be trying on costumes during class time and will be at the concert .

For the **finale** all cast members will need to wear their CDT shirt (which has been purchased in your invoice.) - and black shorts (you provide). This will also be worn to and from the venue.

**No jewellery is to be worn at the concert.** This includes to and from the venue as misplaced items will not be the responsibility of Complete Dance Training. Please leave it safe at home.

## WHAT DO I NEED TO PROVIDE FOR MY DANCER?

- No shoes for contemporary.
- For Tap - Black lace up tap shoes.
- For Ballet - Pink ballet tights and leather ballet shoes with ribbon.
- For Jazz and Musical Theatre- Black jazz shoes (elasta booties)
- For Jazz - black fishnet stockings
- For Hip Hop - white high tops. Black anklet socks. Black crop top.
- Black Dance shorts.

(we always recommend packing black shorts and crop just in case).

- DANCE KIT - Hair elastics, hairspray, bobby pins, French pins, safety pins, hairnet, a bag to put their belongings in,
- a drink bottle - water only
- They will need high cut flesh coloured dance undies so they cannot be seen underneath the costume. You could consider a flesh coloured g-string instead as they ensure no undies line is seen when wearing the costume. If you do not need to wear a bra, don't. If you do need to wear a bra, it needs to be flesh coloured and none of it can be seen in any of your costumes. We recommend if you think you do need a bra to tape yourself instead. Please ask staff if you require advice



## WHAT DO 17'S NEED TO GET READY THE DAY OF THE CONCERT?

- They will need to be dressed in their CDT concert top, black shorts.
- A bag with their belongings – shoes, spare stockings (for just incase), spare undies, dance kit, drink bottle and healthy snacks.

## ALL BELONGINGS WILL NEED TO BE CLEARLY LABELLED WITH THEIR NAME.

- Their hair can be done ready for their first dance at the rehearsal or it can be done in their break before the concert.

### HAIR AND MAKEUP?

#### • **Hair:**

Tap, Ballet, contemporary, musical theatre, - slick mid bun with middle part.  
Jazz, Hip Hop - own style hair - MUST BE APPROVED BY DIRECTORS.

#### • **Make Up:**

foundation (a shade darker than their skin, it is important to match your skin tone), black eyeliner, for top (with line and wing at top) and line on bottom, black mascara, false eyelashes, brown eye shadows (from dark to light and white near eyebrows), blush and red lipstick. Make up is supplied by you.

Check out for our make-up tutorial on our youtube channel!

[https://www.youtube.com/channel/UCWOnoE\\_3SOltSrGNLpeoegQ](https://www.youtube.com/channel/UCWOnoE_3SOltSrGNLpeoegQ)

There will be a makeup tutorial held at the studio on Friday 11th November that we recommend all dancers and parents attend - bring along your makeup kit and practice with some guidance,

### **Why Do You Suggest Make Up For On Stage?**

Without make up, the stage lights tend to make a person look pale and wash out their features. Make up is used to outline facial features and bring them out on the stage. Up close, some of the make up might look like a bit much to some but trust us when we say it benefits the dancers when they perform and also gives them a confidence for the stage.





# CDT PERFORMANCE STREAM CONCERT - 27TH NOVEMBER 2022

## DETAILS FOR REHEARSAL?

- At 11am all students are to be dropped off and arrive with all their belongings at Riverside Theatre **at the stage door** (around the side of the building – not through the foyer).

Students must have CDT concert shirt and shorts on. Parents/caregivers are not to stay.

This is their practice and preparation time for the show you will be watching.

They will also be inducted into the theatre.

- Students take their belongings to the auditorium and get ready for the rehearsal.
- We will warm up and stretch together.
- During this tech rehearsal students will mark out their routines for sound and lighting and spacing, then a run through with the music. This allows them to see what the other age groups will be performing and bond over getting excited for the upcoming concert.
- We will have a full run through of the finale.
- We will finish by having a discussion on etiquette of performers during the show, an explanation of the rules and a run down of what will happen during the performance.
- We will then show them the backstage area and they can put their belongings in their change room
- This will finish at 2:45pm. Students will then break between 2:45-4:15pm.
- Be sure to bring PLENTY of water to keep hydrated throughout the day and the show
- Students are then given time to rest, eat and prepare for the concert, hair and make up can be done at this time. – they can be picked up for their break from the stage door and return the same way.

## WHAT ARE THE SHOW DETAILS?

- Students must be in their change room at 4:15pm (absolutely no later, you are not an exception to this rule, if you are usually a few minutes late, aim to be there at 4pm) with hair and make up ready for their first routine. They must be signed in and dropped off at the stage door. Warm up and stretch will commence to ensure they perform safely. Please make sure they have had a decent meal before this time. Absolutely no greasy food is to be brought into the change room.
- Parents are NOT allowed backstage or into change room. We have hired helpers with working with children checks done to assist students with changing and preparation and supervision. This has been decided for a number of reasons: to ensure keep child protection safety as well as a smooth running show, this also allows parents to enjoy the complete experience rather than missing out on other performances and possibly their child's - there will not be a large amount of acts between age groups. Doors to the auditorium will only open before the show, the intermission and after the show. Please do not ask to be an exception to the rule.
- At 4:30pm, auditorium doors open for all guests to begin being seated and all CDT students should already be in their allocated areas. They need to be completely ready for their first dance at this time and begin to stretch again. Please help us in ensuring that the performance starts on time on ensuring you and your guests are inside the theatre efficiently.
- At 5pm the show will begin, with three parts of the concert and two ten minute intermissions in between. CDT awards will be given at the end of the show. Students will not be allowed out of the change room until after the concert when parents have signed them out for dismissal from the backstage manager when the show has finished. While they are waiting in the change room the students are able to watch the current performance on a tv screen in their room.
- ALL STUDENTS are to stay until the end of the show. Under no circumstances are students to be taken from the backstage area until the backstage manager allows it, after the finale where they will be dismissed from the dressing room doors out into the courtyard.





## HOW DOES THE PICKUP PROCESS WORK?

After the Show, we ask that families move into the foyer near the courtyard but we ask that you do not crowd the doorway. We will be releasing the students age group at a time. So the 17U parents will be the last group called. Parents of the groups being picked up will be asked to move into the courtyard as the students exit via the courtyard access door. We appreciate your assistance by waiting your turn and being patient with this process. This way we can get all the students back to their families efficiently.

## HOW CAN I HELP MY DANCER PREPARE?

It is great to talk about the show that they will be doing with CDT up on the stage and how it is a positive experience, which is what we will be doing in class leading up to the concert. It is a fantastic idea that you encourage your dancer to practice their routines so that they are confident for when they do it up on the stage! If you would like the music for your dancer to practice, get the music link sent to you for \$3, as all our music is cut and edited. You can ensure all correct footwear, stockings, accessories etc and purchased well before the actual concert, you can check with the teachers which is correct. Keeping absences to a minimum is very important.

## WHAT HAPPENS AFTER THE CONCERT?

Our 2023 timetable - dancers will have three weeks to begin preparation for the next years work. We are really excited about this! The last day of classes in Saturday 17th December - this is also our party day!

## WILL THIS BE A FUN EXPERIENCE?

Most definitely. It is such a great experience in a positive and friendly environment – something dancers can treasure forever. They get to be part something special, where they are the stars of the show, dress up in special outfits and perform, grow bonds with other members of CDT and create friendships that last a lifetime. It is definitely worth it.

We are so excited and hope you are too!

## WHAT ABOUT VIDEO RECORDING?

There is STRICTLY no personal recording. If you are caught recording performances or taking photos you will be escorted from the auditorium and your footage erased. Please understand that this is in the best interest of the children as children's safety is so important to us at CDT and we take the child protection act very seriously. The show will be professionally recorded and available for purchase for \$48.00. Don't forget to put your name down for yours!

## WHAT IF I HAVE OTHER QUESTIONS?

If any of your questions have not been answered you can contact us on 0401798381 or email us at [admin@completedancetraining.com](mailto:admin@completedancetraining.com) and we will be happy to help you – please don't think any of your questions are silly! We would rather you ask every question under the sun and feel confident in what is happening than sit back and not be sure – although please double check your question hasn't been answered in here first ☺

## FAQ's

### Can I do hair and make-up before the rehearsal?

If it makes it easier for you, there is time in between the rehearsal and the concert for that to be done

### Can they keep their jewellery on?

No – this is not only a hazard but we do not hold not responsibility for lost items

### What shoes do they need?

See shoe section

### What About Parking At The Venue?

There are two different main parking areas close to the Riverside Theatre, they recommend you park at the 'Eat Street' car park which is a short walk from the venue, where there are also come beautiful restaurants and cafes for dinner before or after.

### When is the last day of dancing for 2022?

Saturday 17th December

