

# CDT COMPLETE DANCE TRAINING CDT PRESCHOOLER PROGRAM 2022



# CDT PRESCHOOLER PROGRAM



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9/14-16 EXCHANGE PARADE  
NARELLAN

## The CDT Preschooler Program is for 4-6 years. (until they go to kindergarten)

CDT is a family based studio that provides a safe, nurturing and encouraging program with high quality training, qualified teachers and focused on the fun and love of dance.

We offer a free trial class because we are confident in our programs and what we offer our students.

Our toddler and preschooler programs are based on the developmental stages of our young dancers and the Early Years Learning Framework.



## CDT IS A COVIDSAFE BUSINESS

We appreciate your help in keeping CDT covidsafe - parents must check in, students must temp check and sanitise. Classes are capped and classes are scheduled to minimise congestion.

## CDT Mission

Creating a safe space for all of our members to feel welcome.

To build on our students' confidence, ability and love of dance.

To strive to bring the best to south-west Sydney.

Our goal is to help CDT students believe in themselves and achieve anything they set their minds to.

At CDT we nurture each individual students journey, we believe in bringing out each students confidence and helping them find their spark.



# CDT Team

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The CDT team strive to give each student the best quality training while sharing our love of dance. Every CDT teacher is first aid trained along with a fantastic array of qualifications, experience and history to share with our students. Our toddler and preschooler classes are assisted by some of our senior students who are taking part in a teacher training program.

**Directors:** Jenna & Jerrika Howley

**CDT Teachers:**

Laura (LJ) Nash

Tylah Paterson

Joel Houwen

Hannah Pike

Lilly Jackson

Sophie Johnson



# CDT Facilities

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CDT is located at 9/14-16 Exchange Parade, Narellan.

This is where our purpose built studio resides.

Here we have 4 studios, Students area and waiting room.

One of our dance rooms is specialised for our CDT minis (2-6 year olds).



## Socials

CDT have a private facebook group that gives regular updates, quick notices and messages from the CDT staff.

We have a facebook profile 'Adminat Cdt'

Our business facebook profile is [www.facebook.com/completedancetraining](http://www.facebook.com/completedancetraining)

Instagram

Main Page - @completedancetrainig  
Private Members only - @cdtmembers

Our main point of contact is our email [admin@completedancetraining.com](mailto:admin@completedancetraining.com)

You can also call us on 0401798381

# CDT Preschooler Program

Preschool Program combines a variety of styles of dance to give our dancers a taste of they different style as they are able to choose when they graduate from the preschool program into the pre-junior classes.

We want to give them a strong foundation of dance in a fun, encouraging and positive 1 hour lesson.

Jazz and Hip Hop - movement to popular songs, working on coordination, rhythm, style, jazz kicks, balancing, introduction to jazz technique.

Ballet - engages our dancers into ballet terminology, the foundations of ballet and embrace the love of the art and introduces RAD ballet.

Singing/Musical Theatre - introduces a fun way to acknowledge pitch, rhythm, tune and allows pre-schoolers to engage their memory system to remember lyrics

Tap - is the fun, noisy part of the class where students take part in rhythm, timing and foot coordination with their fun tap shoes on!



## PS TUMBLING

Tumbling consists of a variety of role play games engaging muscles and co-ordination for tumbling skills and an introduction to balance, strength, rolls (role y poleys), cartwheels, handstands etc. It's a popular class where children build strength and learn fundamental skills.



## Year Overview

### Term One:

Students settle into class, creating bonds with teachers and class members. Basic program is introduced as students are introduced to the variety of styles. Stretching, turn taking and a foundation of dance. Ballet and tap sections of class will introduce the foundation of Glenn wood Tap and RAD Ballet syllabus work

### Term Two:

Preschoolers work on achieving travelling skills - skipping, step kicks, step ball change, marches, tap steps, jets. In the jazz portion of the class Preschoolers will learn a routine to perform in the mid year concert. We work on independent skills and build on muscle memory.

### Term Three:

Preschoolers begin learning their jazz, tap and ballet end of year concert routines. They will work on further progressing their skills and practice them independently.

### Term Four:

Preschoolers practice remembering sequence of steps as they prepare for the concert. We work on performing and shapes of steps as we test their knowledge to perform independently and continue progressing their abilities. We introduce a transition to the next program for the students moving up next year.

# CDT Uniform

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## What to Wear?

Our uniform is not compulsory, we do have a uniform available but dancers just need to wear any leotard and skirt/shorts that they would like to (which makes it that little bit more affordable).

Preschoolers need jazz, ballet and tap shoes.



The CDT custom merchandise is made to order.

Email [admin@completedancetraining.com](mailto:admin@completedancetraining.com) to order yours!

Check with directors for order dates.

## TODDLER AND PRESCHOOLERS DRESS

Child Size 2,4,6

\$35

### CROP TOP

Child Sizes 4, 6, 8, 10, 12

\$25

### BIKE SHORTS

Child Sizes 4, 6, 8, 10, 12

\$35

## CROP AND SHORTS SET

Child Sizes 4, 6, 8, 10, 12

\$55

### JUMPER

Child Sizes 4, 6, 8, 10, 12

\$50



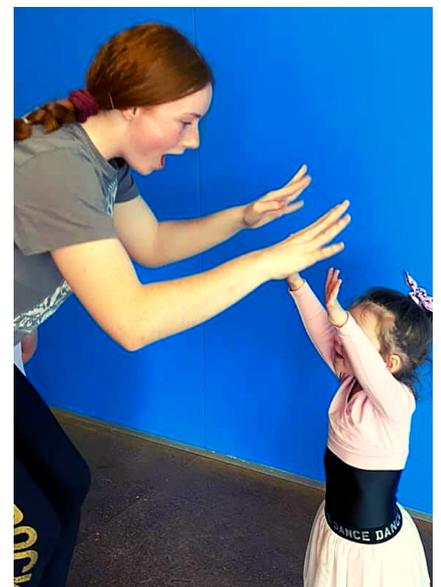
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With many classes available, see our preschooler timetable for availabilities

See fee policy for all prices

As part of the CDT Preschooler program - you will receive end of term progression reports and our gift to you, the 'PHOTO OF THE TERM!'

The CDT Preschooler program includes continuous communication and updates of progression from the CDT team.



# Why CDT?

## CDT Community

We have worked hard to create an environment where CDT members feel safe, be supported and can dream and achieve. We are so proud of the CDT culture, and that each CDT member becomes part of the family environment where we support each other and help each other achieve our goals. At CDT we are big on respect and our students and families help keep CDT the positive environment we have strived to be for 10 years.

Because we are more than a dance studio, we're a dance family

### What Our Past Students Say

When I joined Complete Dance Training, I immediately felt like I was part of a family. The staff have such a passion for teaching dance and they truly inspire and encourage students to grow. Jerrika and Jenna are amazing and supportive mentors and they genuinely want to help their students improve as all-round performers. While attending CDT I was encouraged to work as hard as I possibly could but the classes were still loads of fun and the atmosphere was wonderful. I love my CDT family so much, and I strongly recommend any up and coming dancer to train at Complete Dance Training.



- Tsehay Hawkins



### What Our Parents Say

"Since starting with the girls from day one of their own studio, it has been the best decision for my daughter. Not only has she improved in every area, but is also now part of a close knit family full of encouragement, support and friendship. Looking forward to seeing her grow as a better dancer in the hands of CDT"

- Evelyn

### WHAT WE OFFER:

**For Students 2-3** - CDT Toddler Program + Toddler Tap.  
**For students 4-5** - CDT Preschooler Program, PS Tumbling.  
**For students in primary and above** - we offer two streams.

1. CDT Rec Stream
  2. CDT Performance Stream
- + Adult classes!

### A Note From The Directors

We are so proud of everything CDT has become over the past ten years and we are so excited for its future. CDT is more than just a place, it's the students, the teachers, the families.

At CDT, we are supportive of each student and we recognise the benefits of dance in a persons life - we do not take lightly that we get to share that and we will always strive to build our students up to be the best they can, because we believe in them!

We are invested in our students and their goals.

At CDT, you have gained a second family, and we welcome everyone in their uniqueness

- Jenna and Jerrika Howley